

QUESTIONNAIRE

Gender in the psychiatric and addiction care system in Bremen

For some, gender plays a major role, and none for others. We care about all of your opinions. Take part in our survey! Tell us what you think about the handling of gender in the mental health care system. You can also fill out this questionnaire online by September 30th, 2021 via:

www.soscisurvey.de/Geschlecht-2021



What do we want to know?

What is your experience with the consideration of your gender in psychiatric care? How important are services for people of your own gender for you? (For example, a safe space for intersex patients, a shared flat for men, a discussion group for transgender people, a leisure group for non-binary people or a women's space.) How do you rate existing therapeutic and psychiatric services? For example, do you feel that you are in good hands during a stay in an addiction clinic or in outpatient assisted living?

We also want to know what you would like from the psychiatric care system on the subject of gender. What are you satisfied with? Do you have any ideas for improvements?

In addition, we ask for further information about yourself (e.g. age and religion). Because other characteristics can also have an impact on gender and the quality of care.

Who can fill out the questionnaire?

All former, current or future users of the psychiatric care system in Bremen can take part in the survey. No matter which services you have used - advocacy, therapy, visits to a day care center, hospital stays Your experience and knowledge are very valuable to us! We are also interested if you have decided against using the services.

Who wants to know that?

The *Doing Gender* project organizes this survey. It is funded by the Senator for Health, Women and Consumer Protection and connected to the Initiative for Social Rehabilitation e.V. . The project is supported by the AG Gender. The AG Gender is a network of different organizations and actors in the psychiatric care system in Bremen. The questionnaire was created by a group of services users and patients of the psychiatric care system. This group will also carry out the evaluation.

Why do we want to know that?

We want to improve care for all genders. With the help of your diverse expressions of opinion, we would like to get a broad overview. In this way we can see where something needs to be changed in the psychiatric care system. With the results of the survey, the gender guidelines for psychiatric care in Bremen will be revised in 2021. We will also use the survey results to improve and expand services. That is why it is very important to us that as many people as possible fill out the questionnaire. So that we know what should (not) be changed, we need your support. Because change is only possible with you.

After carrying out the questionnaire, we will evaluate the results in a small group of services users. At the same time, we would like to deepen the topics of the questionnaire with interested study participants in the form of group interviews.

Send us an e-mail if you are:

- are interested in the group interviews
- want to get the results at the end

Do you have further questions?

If you have any questions or need help filling out the form, please contact the staff of the *Doing Gender* project. We will be happy to write back to you or give you a call.

Doing Gender
c/o Initiative zur sozialen Rehabilitation e.V.
Waller Heerstr. 193
28219 Bremen

E-Mail: doing.gender@izsr.de

Phone: 0152 1304 6887

Thank you for your support!

Consent to data protection

Your data is treated anonymously and in compliance with data protection regulations. This means that we **cannot** find out who you are and who filled out which questionnaire. Not even if you've contacted us for assistance. We do **not** pass on individual questionnaires to the different providers or services, clinics or practices, etc.

In the survey, we ask for various data about you. This data is only used for the survey to improve gender-equitable care in the psychiatric care system in Bremen. You decide whether you consent to the collection, storage and processing of this data. To do this, choose "yes" (consent) or "no" (rejection) at the end of this page. **If you agree, fill out the questionnaire and send it to us. If you decline, stop the questionnaire.**

At the end of the survey, all results are evaluated and summarized. Then the results are published in a report.

You will find further information on the next page under "Notes on data protection". If you have any further questions about data protection, please contact the staff of the *Doing Gender* project through the contact information provided above.

I consent to the storage and processing of my personal data in accordance with the information provided here.

- No, I disagree.
- Yes, I agree.

NOTES ON DATA PROTECTION

Duration of data retention

All raw data is only kept for as long as it is required for the research purpose or the maintenance of the associated service offering. Any subsequent transfer to comply with good scientific practice (OpenScience Initiative) will only take place in a state that does not allow any conclusions to be drawn about individual persons (data anonymization / data aggregation).

The following personal data are collected and processed

This data is collected as part of the research purpose: socio-demographic data. Should additional, personal data be collected and used, you will be informed separately on the following pages and asked for your consent.

The following personal data of special categories according to Art. 9 GDPR is collected and processed if you want to provide information

Questions about: migration and refugee experience, religious affiliation and sexual orientation

Legal basis for data processing

Consent of the data subjects according to Art. 6, Para. 1, lit. a GDPR.

Recipients of personal data

The contact persons responsible for the project from the Doing Gender project (doing.gender@izsr.de) and the people involved in the research project.

Informationen on data transfer

A transfer of personal data to a third country or international organization outside the scope of the GDPR is not intended. As part of compliance with good scientific practice (OpenScience Initiative), it is possible that your data will be published in a state that does not allow any conclusions to be drawn about individual persons (data anonymization / data aggregation).

General information on rights

The rights to which you are entitled by the General Data Protection Regulation of the European Union can be found at the following link: <https://gdpr-info.eu/chapter-3/>

Rights information about withdrawing consent

In particular, you have the right to revoke your consent to data collection and processing at any time for the future. To do this, please contact the persons responsible for the project using the contact details given above.

Question 1

Here is a list of various services within the psychiatric and addiction care system. In the first column, please choose the services you have used in the past. In the second column, choose which services you are currently using. Put a tick in the last column if you want to use a service in the future.

	used in the past	currently using	want to use in the future
clinic			
inpatient (acute)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
inpatient therapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
day clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
psychiatric outpatient clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
rehabilitation clinic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
organisations providing outpatient / ambulatory care			
assisted living in shared apartments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
assisted individual living	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
outpatient psychiatric care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
sociotherapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
day care center	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
counseling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
practices			
psychotherapist	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
psychiatrist	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
other			
work and education	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
advocacy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
crisis service	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
self help	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
other services			
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

I haven't used any services so far and I don't want to use any.

Why have you not used any services of the psychiatric care system and why don't you want to use any? (Afterwards continue with question 13)

Question 2

Think back to the last 24 months regarding the following statements. If you are currently not using any services, think back to your past experiences.

Please choose how satisfied you are with the content of each sentence. The answers range between “not at all satisfied” and “very satisfied”.

Some would like their gender to be given more consideration in treatment and / or care. Others are very happy with it.

How satisfied are you with the consideration of your gender ...

	not at all satisfied								very satisfied	I had no contact	no answer
... during contact with doctors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... during contact with therapists	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... during contact with nursing staff	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... during contact with carers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... during contact with administrative staff	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... during contact with other services users and patients	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Here you can add additional comments (e.g. Why are you satisfied or not satisfied? What are you particularly satisfied or not satisfied with?):

What wishes or suggestions for improvement do you have for taking gender into account in contact with the different groups of people mentioned above (e.g. doctors, therapists, services users)?

Question 3

Below you will find information about services that are only for people of your gender. Think back to the last 24 months regarding the following statements. If you are currently not using any services, think back to your past experiences.

Please indicate to what extent you agree with the following sentences. The answers range between “totally disagree” and “totally agree”.

	totally disagree							totally agree
· Services that are only available to people of my gender are important to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· There are enough interesting services that are only for people of my gender.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Question 4

Do you use services for people of your own gender?

yes

Which services do you know?

	totally disagree							totally agree
I am satisfied with the services I have used for people of my gender.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

no

Why don't you use services for people of your own gender?

Question 5

What services for people of your own gender would you like to exist? What suggestions do you have for improvement?

Question 6

Below you will find some sentences about treatment and care in the psychiatric care system. Think back to the last 24 months regarding the following statements. If you are currently not using any services, think back to your past experiences.

Please choose how much you agree with each sentence. The answers range between “totally disagree” and “totally agree”. At the end of this part you have the opportunity to add further thoughts or comments.

	totally disagree							totally agree
· It is very important to me to have a place of retreat for myself during the treatment and / or care.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· There is enough knowledge about my specific physical attributes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I feel good at the thought of everyone in my close circle of acquaintances knowing that I am being looked after and / or treated within the psychiatric care system.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I can easily change my reference persons (e.g. caregiver, doctor).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· My gender and my request in this regard will be taken into account when allocating rooms or accommodation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I am addressed and written to with the correct gender address (e.g. Mrs. / Mr. / first and last name).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· My family situation (e.g. childcare, professional role) is taken into account during treatment and / or care.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments

Question 7

Below you will find some sentences about treatment and care in the psychiatric care system. Think back to the last 24 months regarding the following statements. If you are currently not using any services, think back to your past experiences.

Please choose how much you agree with each sentence. The answers range between “totally disagree” and “totally agree”. At the end of this part you have the opportunity to add further thoughts or comments.

	totally disagree							totally agree
· I have a professional contact person (e.g. doctor, nurse) who stands by me and supports me if I feel that I have been treated unfairly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I have experienced psychological, physical and / or sexualised violence ¹ from caregivers and practitioners.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I have experienced negative comments from other services users or patients regarding my gender.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I have experienced negative comments from professionals (e.g. therapists, caregivers) regarding my gender.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I have experienced psychological, physical and / or sexualised violence ¹ from other services users or patients.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I have a professional contact person, that is independent (e.g. advocacy), who stands by me and supports me if I feel that I have been treated unfairly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Footnote 1: We define all experiences / situations as violence in which you feel verbally, physically and / or sexually harassed, threatened, scared, damaged, degraded, dehumanized, etc. by other people.

Comments

Question 8

Below you will find some sentences about treatment and care in the psychiatric care system. Think back to the last 24 months regarding the following statements. If you are currently not using any services, think back to your past experiences.

Please choose how often each sentence applies. The answers lie between “never” and “always”. For example, if the sentence applies to all of the named people, choose “always”. If it doesn't apply to anyone, check “never”. At the end of this part you have the opportunity to add further thoughts or comments.

	never						always
· If I report my experience of psychological, physical and / or sexualised violence ¹ to a professional contact person, this will be taken seriously.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I can speak well with my practitioner and / or caregiver about injustices I have experienced.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I experience hurtful questions from caregivers and / or practitioners about my gender.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· Caregivers and / or practitioners have prejudices about my gender (e.g. "men are aggressive", "women are sensitive").	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I feel that my religious affiliation is accepted by other services users / patients.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I feel that my religious affiliation is accepted by the staff.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Footnote 1: We define all experiences / situations as violence in which you feel verbally, physically and / or sexually harassed, threatened, scared, damaged, degraded, dehumanized, etc. by other people.

Comments

Question 9

Below you will find some sentences about treatment and care in the psychiatric care system. Think back to the last 24 months regarding the following statements. If you are currently not using any services, think back to your past experiences.

Please choose how often each sentence applies. The answers lie between “never” and “always”. For example, if the sentence applies to all of the named people, choose “always”. If it doesn't apply to anyone, check “never”. At the end of this part you have the opportunity to add further thoughts or comments.

	never						always
· The staff faces me with an open mind and without prejudice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I feel taken seriously in my treatment and / or care.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What do you think played an important role in this? (e.g. your last name, your wheelchair)

Comments

Question 10

Do you receive medication as part of your care / treatment?

- yes no (*continue to question 11*)

Please choose how much you agree with each sentence. The answers range between “totally disagree” and “totally agree”. At the end of this part you have the opportunity to add further thoughts or comments.

	totally disagree							totally agree
· I trust that the medication I receive is tailored to my physical attributes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I feel able to take an active role in choices regarding my medication: whether taking medication at all, which medication to take and in which amount.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I feel adequately educated about any medication I am receiving.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments

Question 11

Can you ALWAYS understand conversations and documents in German without any help?

- no yes (*continue to question 12*)

Below you will find some sentences about treatment and care in the psychiatric care system. Think back to the last 24 months regarding the following statements. If you are currently not using any services, think back to your past experiences.

Please choose how often each sentence applies. The answers lie between “never” and “always”. For example, if the sentence applies to all of the named people, choose “always”. If it doesn't apply to anyone, check “never”. At the end of this part you have the opportunity to add further thoughts or comments.

	never						always
· Therapies and treatments are offered in the language that I speak best.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· If not: The therapeutic staff is ready to work with interpreters.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· I can trust the staff to respond to my language difficulties.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
· The language makes it difficult for me to understand enough in group programs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments

Question 12

When you think back to the last 24 months of your treatment and / or care in the psychiatric care system: Did you feel excluded, disadvantaged or discriminated against for any reason?

yes no (*continue to question 13*)

What form(s) of disadvantage or discrimination have you experienced?

-
- age disadvantage or discrimination
 - racial disadvantage or discrimination
 - disadvantage or discrimination based on physical disabilities
 - religious disadvantage or discrimination
 - disadvantage or discrimination based on sexual orientation
 - gender disadvantage or discrimination
 - further / other forms of disadvantage or discrimination (e.g. chronic illness, occupation, educational qualification) _____
-

Comments

On the following pages we will ask you for information about yourself. In addition to gender, this includes your age or religion, for example. This information helps us to see what has an impact on care and / or treatment.

Question 13

Please enter your gender here. Choose everything that applies to you. In the open field you have the possibility to provide further information.

-
- agender
 - woman
 - genderfluid
 - genderqueer
 - intersex
 - man
 - non-binary
 - transgender
 - other / different term _____
-

Question 14

Please enter your sexual orientation here. Choose everything that applies to you. In the open field you have the possibility to provide further information.

-
- asexual
 - bisexual
 - heterosexual
 - lesbian
 - pansexual
 - queer
 - gay
 - other / different term _____
 - no answer
-

Question 15

Do you have any migration or refugee experience of your own?

- yes
- no
- no answer

Question 16

Do you belong to any religion?

- yes no no answer

If yes: Write down your religion here (*Providing this information is optional*):

Question 17

Please write down your age here: _____

Question 18

Would you like to tell us anything else?

.....

You can return the completed questionnaire to us in one of the enclosed envelopes. At some places where the paper questionnaires are provided, there is also the option of handing in the completed questionnaires in a sealed envelope. Ask for further information!

Thank you very much for your support!